## **From Fika to FICare: Understanding staff and parent perspectives on implementing FICare practices from Sweden**

### Workshop Purpose:

The purpose of this 4 hour interactive workshop is to examine ‘gold standard’ FICare practice from Sweden and consider how it can be implemented in a resource-independent way here in our northern neonatal network.

### Workshop Aims:

* To disseminate **cultural and** **practical** elements of FICare from Swedish neonatal units.
* To map current FICare practice **from staff and parent perspectives** in our region.
* To explore **fears, concerns and barriers** to implementing FICare.
* To **identify ambitions** for FICare in local units.
* To **commit to making implementable changes** that will embed FICare into the culture of our neonatal network.

### Workshop Format:

* Introductory talk from Ailie, Claire C and Rachel about FICare practices in Sweden.
* *TBC-Talk from Renee Flacking about implementation of FICare and navigating barriers*
* ‘Maverick Parents’-Our parent perspectives on why FICare matters
* Round table discussions on current FICare practice and barriers
* Panel discussion sharing staff/parent perspectives and where there are gaps/alignments
* Pledges to implement FICare practice that will address the gaps, as outlined in discussions.

### Workshop Evaluation:

Delegates will be asked to complete a brief questionnaire at the start and end of the session, plus 3 months later, around their definitions/worries/ambitions/plans for implementing FICare. There will also be a comments box for anyone who wishes to submit anonymous feedback.